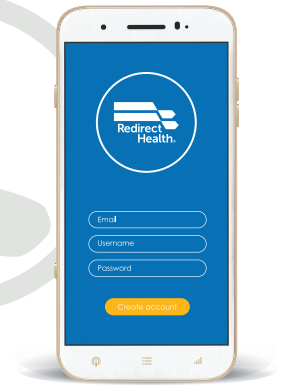


iEverydayCARE	Member Benefit
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<b>Care Management - Chronic &amp; Acute Disease</b> <small>(Proactive, personalized, condition specific care management)</small>
<b>24/7/365 Telehealth Services</b> <small>(English &amp; Spanish, Telemedicine, Diagnosis, Care Planning, &amp; prescription support)</small>
<b>Physician-to-Physician Case Management</b> <small>(Care coordination &amp; Advocacy, Primary, Hospital)</small>
<b>Patient Assistance Programs</b> <small>(Pharmaceutical Programs, State Medicaid Programs, &amp; Nanthealth Cancer Program)</small>

## 24/7 365 Medical Care

Phone | Text | Video  
(in English & Spanish)



<b>Primary Care &amp; Injury Office Visits</b>
<b>Annual Adult Physicals</b> <sup>1</sup>
<b>Annual Well Child</b> <sup>1</sup>
<b>Chiropractic Office Visits</b> (12 visits per plan year)

### \$0 Copay & No Deductible\* Same Day | Next Day Visits

**Glendale:** 16390 N 59th Ave, Suite 200, Glendale, AZ 85306  
**Mesa:** 5845 E Still Circle, Suite 104, Mesa, AZ 85206  
**North Scottsdale:** 13430 N Scottsdale Rd, Suite 200, Scottsdale, AZ 85254  
**South Scottsdale:** 2629 N Scottsdale Rd, Scottsdale, AZ 85257  
**Surprise:** 17601 N Avenue of the Arts, Suite 100, Surprise, AZ 8537  
**+More locations coming soon!**

#### Other Care

X-ray	\$40
MSK/Ultrasound	\$150
Mammogram (Screening)	\$150
CT Scan	\$230
MRI	\$350

Specialist Consults & Care
Hospital Care (Inpatient Care & Out Patient Service)
Urgent Care
Emergency Room Service

### Everyday 1to1™ Care Navigation

(100% Member Responsibility)

#### Prescription Drug Programs

Directed through Redirect (or no benefit)

Prescriptions—(Generic, Brand, Specialty)	Discount Program
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\*When directed by Redirect Health

<sup>1</sup> See iEverydayCARE membership guidelines for comprehensive list of included benefits

## What's covered with iEverydayCARE?

### Direct Primary Care Services

The services provided under this Agreement are performed or directed by the Providers primary care providers or doctors of chiropractic. The practitioners providing services under this Agreement are duly licensed to practice medicine and to otherwise provide such services within that practitioner's scope of practice.

The following specific services and categories of service will be provided to the Member(s) under this agreement:

- 1. Acute Care Services** including care for or related to: coughs, colds, flu symptoms, sprains, sinus and ear infections, sore throat, fever, rashes, diarrhea, back pain, simple splinting of broken bones (not including manipulation of displaced or complex fractures), asthma, bronchitis, pneumonia, kidney and bladder infections, and other non- life threatening medical issues.
- 2. Performance of standard physicals** including school physicals, athletic physicals, scout physicals, adult physicals, mission physicals, annual physicals, and Department of Transportation physicals.
- 3. Provision of preventative care** including electrocardiograms (EKG), vision screening, and spirometry.
- 4. Minor Surgeries** including wound care, minor laceration repair, wart destruction, simple lypoma removal.
- 5. Procedures, Tests, and Treatments** including in-house rapid strep and flu tests, nebulizer breathing treatment, abscess draining, foreign body removal, trigger point injections, routine labs, urinalysis, spinal manipulation & adjustments, and physical rehabilitation.
- 6. Provision of men's and women's specific health care** including well man and women screens, cancer prevention (including nutrition, physicals, and skin cancer treatment), pre-conception health, and peri-menopause and post-menopause health.
- 7. Pediatric care** including well child evaluations, acute care as listed above, and development evaluations.
- 8. Chronic therapy** including care for or related to: diabetes, arthritis, acid reflux, high blood pressure, high cholesterol, cardiovascular disease, chronic fatigue, fibromyalgia, asthma, COPD, non-narcotic pain management, and low back pain.
- 9. Concierge and health system navigation services** including services available through Redirect Health including 24/7 Concierge CareLogistics™ Support & Scheduling services (English & Spanish), Preemptive PCP Telehealth, Overpricing Protection, Healthcare Navigation, Physician to Physician Case Management (Hospital Cost Reduction, Discharge Management), Care Management - Chronic & Acute Disease (Includes predictive analytics and population health management.).
- 10. Member-only discounted pricing** (at least 40% discount off fee schedule) on other services may include specialist interventional pain management, durable medical supplies (splints and braces), x-ray, nerve testing and other diagnostic testing.