



# National Direct Primary Care

EverydayCARE® BENEFITS SUMMARY

Group Employer Plan



**Better healthcare for everyone. It's what you deserve!**

Redirect Health members will tell you how much they feel guided and taken care of. It's our promise. You always get easy and truly affordable healthcare on your terms. EverydayCARE provides real savings, 24/7 access, and all the time and attention you need. And always while eliminating unnecessary spending of time and money.

Benefits

Features

# Nationwide Virtual Primary Care Visits

**Always \$0**  
24/7/365

In English & Spanish

FROM YOUR HOME

- 1 Schedule a Virtual Primary Care visit with the Right Provider
  - 2 Get the Right Care
  - 3 Get the Right Prescription & Testing
- WE WILL
- 4 Follow Up to ensure you're on the Right track

**RIGHT CARE AT THE RIGHT PRICE**



### Your Medical Records at our Finger Tips

Having the important information allows us to do much more for you. Safely uploading your info to the Redirect platform is the first step. Its easy, and all from your phone.

### Know Your Costs

It's important you always know the cost of your care BEFORE starting. Surprise non-emergency medical bills are not cool.

### Follow-Up Matters

Sometimes you won't respond to a treatment plan. Sometimes the plan will need to be modified and/or changed all together. Count on your Redirect Health team to do what we say we will do. Count on us to finish what we start. You'll get the follow-up you need.

### Please & Thank You

Let's keep this promise simple. Expect us to return your calls & texts promptly, and to always be nice.

## Routine Care

Virtual Primary Care Visits	24/7/365 No Cost*
Primary Care Office Visits	\$0 Copay & No Deductible*
Labs (most routine) <sup>1</sup>	\$0 Copay*
Annual Adult Physical <sup>2</sup> & Well Child <sup>2</sup>	\$0 Copay*
Chiropractic Office Visits (12 visits per plan year) <sup>3</sup>	\$0 Copay*
X-ray	\$50 Copay*
Dental & Vision (See page 3 & 4)	Discount Program
Mental Health & Counseling (See page 5)	Discount Program

## Other Care

MRI, PET, & CT Scans
Specialist Consults & Care
Hospital Care (Inpatient Care & Outpatient Services)
Urgent Care/ Emergency Room Service

## Prescription Drug Programs (Directed through Redirect Health or no benefit)

Rx and Immunizations <sup>1</sup>	Subsidized Discount Program
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## Care & Referral Navigation

**Always Call/Text FIRST**

Always pay the RIGHT PRICE†

**Simple & Easy Pricing**  
Pay ONE FIXED PRICE for your business  
Lock in **\$125/mo.** per employee for up to 3 years  
Easy & Automatic Renewals

## Your Employee Pays

Member Only	\$0
Member & Child(ren)	\$115
Member & Spouse	\$115
Member & Family	\$240

\*When directed by Redirect Health †100% member responsibility. <sup>1</sup>See your agent or your employer for a copy of the plan document; Redirecthealth.com/labcorp2020; Redirecthealth.com/formulary2020 <sup>2</sup>Routine physical/exam; gynecological exam; mammogram; pap smear; prostate testing(PSA); other routine lab and immunizations. Routine endoscopy, colonoscopy, sigmoidoscopy, vision or hearing screening for children, and x-ray will also be included at no cost(with authorization) when required by provisions of the Affordable Care Act. Visit hrsa.gov for all Minimum Essential Coverage as outlined by the Affordable Care Act. <sup>3</sup>Twelve (12) Chiropractic visits per plan year, office visits only. This only serves as a summary of your benefit plan. Please refer to your Summary Plan Description for actual coverage, limitation, and exclusion provisions.

## Careington POS Dental Network

Careington International Corporation is one of the most recognized professional dental networks in the nation and boasts one of the largest dental networks nationally with a focus on neighborhood dentists. Careington networks are a leader in member-transparent pricing with robust fee schedules.

**All dentists must meet highly selective credentialing standards based on education, background, license standing and other requirements**

**You may visit any participating dentist on the plan and change providers at any time**

### Careington Plan Features

<b>Dental Procedures</b> — Routine oral exams, unlimited cleanings, and major work such as dentures, root canals, and crowns	Save 20% to 50%
<b>Orthodontics</b> — Including braces and retainers for children and adults	Save 20%
<b>Specialists</b> — Endodontics, Oral Surgery, Pediatric Dentistry, Periodontics, and Prosthodontics where available	20% Reduction on Normal Fees
<b>Cosmetic Dentistry</b> — Includes bonding and veneers	Save 20%

### Sample Dental Savings

	Regular Cost*	Plan Cost**	Savings Amount	Savings Percent
Adult Cleaning	\$132	\$63	\$69	\$52%
Child Cleaning	\$94	\$46	\$48	\$51%
Routine Checkup	\$78	\$33	\$45	\$58%
Extensive Oral Exam	\$136	\$56	\$80	\$59%
Four Bitewing X-Rays	\$89	\$42	\$47	\$53%
Composite (White) Filling	\$210	\$98	\$112	\$53%
Crown (porcelain fused to noble metal)	\$1,498	\$804	\$694	\$46%
Complete Upper Denture	\$2,152	\$1,067	\$1,085	\$50%
Molar Root Canal	\$1,459	\$777	\$682	\$47%
Extraction (single tooth)	\$255	\$109	\$146	\$57%

\*Regular cost is based on the average of the 80th percentile usual and customary rates as detailed in the 2018 FAIR Health Report in the Los Angeles, Orlando, Chicago & NYC metropolitan areas.

\*\*These fees represent the average of the assigned POS fees in the Los Angeles, Orlando, Chicago & NYC metropolitan areas.

Prices subject to change.

### How to Access the Discount

Step 1	Step 2	Step 3	Step 4
To locate a participating provider, please call 888-407-7928 or visit <a href="http://careington.com">careington.com</a> to access the online provider search.	When scheduling an appointment, please inform the participating provider's office you are a member of the Careington Dental Network.	Please present your Careington ID card upon arrival to receive savings.	The provider will collect payment at the time of service. You are responsible for paying the total bill, less the applicable savings, when service is provided.

**THIS PLAN IS NOT INSURANCE** and is not intended to replace health insurance. This plan does not meet the minimum creditable coverage requirements under M.G.L. c.111M and 956 CMR 5.00. This plan is not a Qualified Health Plan under the Affordable Care Act. This is not a Medicare prescription drug plan. The range of discounts will vary depending on the type of provider and service. The plan does not pay providers directly. Plan members must pay for all services but will receive a discount from participating providers. The list of participating providers is at [www.careington.com/members](http://www.careington.com/members). A written list of participating providers is available upon request. You may cancel within the first 30 days after effective date or receipt of membership materials (whichever is later) and receive a full refund. Discount Plan Organization and administrator: Careington International Corporation, 7400 Gaylord Parkway, Frisco, TX 75034; phone 800-441-0380. **This plan is not available in Vermont or Washington.**

## VSP® Vision Savings Pass-Vision Program



VSP Vision Savings Pass is a discount vision program that offers savings on eye care and eyewear. With the best choices in eyewear, VSP makes it easy to find the perfect frame. **Members can choose from great brands like Anne Klein, bebe®, Calvin Klein, Flexon®, Lacoste, Nike, Nine West, and more.\***

### Members receive:

- Access to discounts through a trusted, private-practice VSP doctor
- One rate of \$50 for eye exams\*\*
- 15% savings on contact lens exams\*\*\*
- Special pricing on complete pairs of glasses and sunglasses
- Unlimited use on materials throughout the year
- Exclusive Member Extras and special offers

### Sample Vision Savings

### Reduced prices and savings

WellVision Exam® Service	<ul style="list-style-type: none"> <li>• <b>\$50 with purchase</b> of a complete pair of prescription glasses.</li> <li>• <b>20% off</b> without purchase.</li> <li>• <b>Once every calendar year.</b></li> </ul>
Retinal Screening	<ul style="list-style-type: none"> <li>• <b>Guaranteed pricing with WellVision Exam, not to exceed \$39.</b></li> </ul>
Lenses	<p><b>With purchase of a complete pair of prescription glasses:</b></p> <ul style="list-style-type: none"> <li>• Single vision \$40</li> <li>• Lined bifocals \$60</li> <li>• Lined trifocals \$75</li> <li>• Polycarbonate for children \$0</li> </ul>
Lens Enhancements	<ul style="list-style-type: none"> <li>• <b>Average savings of 20-25%</b> on lens enhancements such as progressive lenses, and scratch-resistant and anti-reflective coatings.</li> </ul>
Frames	<ul style="list-style-type: none"> <li>• <b>25% savings</b> when a complete pair of prescription glasses is purchased.</li> </ul>
Sunglasses	<ul style="list-style-type: none"> <li>• <b>20% savings on unlimited non-prescription sunglasses</b> from any VSP doctor within 12 months of your last WellVision Exam.</li> </ul>
Contact Lenses	<ul style="list-style-type: none"> <li>• <b>15% savings</b> on contact lens exam (fitting and evaluation).</li> </ul>
Laser Vision Correction	<ul style="list-style-type: none"> <li>• <b>Average 15% off the regular price or 5% off the promotional price;</b> discounts only available from contracted facilities.</li> </ul>

To find a VSP doctor, call 888-407-7928 or visit [www.vsp.com](http://www.vsp.com). At your appointment, tell your VSP doctor that you're a VSP member for immediate savings on eye exams and eyewear.

\* Brands subject to change. \*\* This cost is only available with the purchase of a complete pair of prescription glasses; otherwise you'll receive 20% off an eye exam only. \*\*\* Applies only to contact lens exam, not materials. You're responsible for 100% of the contact lens material cost.

**THIS PLAN IS NOT INSURANCE.** This plan is not available in Washington.

## DialCare Mental Wellness

Connect with the care you need when and where you need it.

Access to licensed counselors via virtual or telephonic consultations

Scheduled appointments with mental health professionals

No consult fee



DialCare Mental Wellness is a program designed to provide safe, secure and private means of seeking mental health assistance from licensed counselors via virtual or telephonic counseling sessions.

DialCare Mental Wellness counselors can assist members with conditions such as depression, anxiety, grief, relationship problems and more. This unique program offers an app- based interface, connecting members with our counselors not only over the phone, but via video chat as well.

### DialCare Mental Wellness is easy to use.

- Members can schedule an appointment with a counselor from 7 a.m. to 10 p.m. seven days a week.
- DialCare Mental Wellness counselors will reach out via phone or video chat upon request.
- Counselor appointments last for 30 minutes.
- Follow-up sessions may be scheduled for the member's convenience.
- Consultations are available in both English and Spanish.

### What conditions can DialCare Mental Wellness counselors treat?

- Depression
- Stress
- Eating Disorders
- Addiction
- Relationship problems
- Anxiety
- Grief
- And more

### How to Use:

Simply follow the link you received in your email to complete your registration, download the DialCare mobile app or visit [dialcare.com/verify](https://dialcare.com/verify). If you're having problems registering, you can call DialCare Mental Wellness for assistance at 888-407-7928. Once registered, you can log in online at [member.dialcare.com](https://member.dialcare.com) or through the mobile app to request consultations or to update your account.